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Louis Ascioti, one of the founders' 10 children, with the Ascioti delivery truck. (Provided photo)

By Don Cazentre

YEARS IN BUSINESS

Ascioti's Market in Solvay recently made a oncession to the modern world. It added an ATM

Today, the shop has a long meat counter along one side, with glass-enclosed display cases and

helpful employees like Al Mitson to see that the customers get exactly what they want. You can get various cuts to breef, pork, veal, chicken and more, plus special cuts for braciole, meatloaf and meatball mixes and sussage.

In the dry goods shelves in the center of the shop, you'll find evidence that Ascioli's also supposs many other Central New York businesses. Among its ending and the properties of th

many other Central New York businesses. Among its offerings are bread from Di Lauro's Bakery in Syracuse, Polish specialties from Hapanowicz B in New York Mills, and sauces from places like Arenas Eis House in Mexico, Canale's in Oswego, Joe's of Oneida and the Spicy Hot Tomato Oil from

Pastabilities in Syracuse.

Grinding the meatballs and sausage today is the job of manager Marc Ascioti, grandson of the

founders and nephew of Philomena. He and his wife, Dawn, recently opened a separate, independent store, Ascioti's To Go, in Liverpool.

The exact details of the meatball mix are a family secnet, but it includes ground chuck beef, cheese, water, salt and pepper, parsley, garlic, Italian bread and eggss.

The family lore is that the mix was first formulated by Caterina in answer to a request from the nuns at St. Cecilia's Church in Solvay. Later, the mix was duplicated for sale in the store.

Connors notes that the Syracuse area is

sale in the store.

Connors notes that the Syracuse area is fortunate to have some of these old-fashioned Mom and Pop shops still in business, like Di Lauro's and Columbus Bakery for bead, Lombard'is for Italian imports, and Liehs and Steigerwald's, another specially meat market with stores on Grant Avenue and in Cicero. (Liehs and Steigerwald's is a relative newcomer, since it wasn't founded until 1936).

"These are the places that formed unit."

until 1936).
"These are the places that figured out how to weather the changes," Connor said. "They must be doing something right."

Recipie D-3



Al Mitson weighs meat at Ascioti's. The market is turning 100. (Michelle Gabel / mgabel@syracuse.com)

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Classic. Italian. Meatballs.



Store founders Caterina and Antonio Ascioti with eight of their 10 children. (Provided photo)

Braciole, a meaty Italian classic

Asked to offer some family recipes for this story, Marilyn Stone answered: "I called my cousin, my mom and my aunt for recipes ... but like most Italian cooks, they don't measure anything, they do a 'taste' test when cooking and add ingredients as needed.

Every time one of their recipes was suggested as a possibility, they said, "We can't do this one ... we don't know how much cheese (or parsley, or breadcrumbs, etc.) to tell people to use."

They did come up a simple recipe for Braciole, a meaty dish that seems perfect for the family that runs a meat mar-



Ascioti's is located at 2239 Milton Ave. in Solvay. It's best known for its meatballs and Italian sausages made on the premises. (Michelle Gabel / mgabel@syracuse.com)



Owner Philomena Ascioti, center, with sisters Rose Spag-noletti, left, and Frances Quattrone at Ascioti's. The family business defies the passing of time with help from extended

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